### Life Coaching

from Charlotte Mason



# 10 Ideas from Charlotte Mason's Life

- 1. Honor each person.
- 2. Think for yourself.
- 3. Form opinions carefully.
- 4. Don't depend too heavily on your reason.
- 5. Strengthen your will.
- 6. Cultivate good habits.
- 7. Spend time in nature every day.
- 8. Read daily.
- 9. Balance work and rest.
- 10. Love God.

Simply Charlotte Mason

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